



COMPETITOR INFORMATION GUIDE

Dear **Gravity Games Competitor**,

Welcome! You are now officially pre-registered as a competitor in the upcoming Gravity Games on Sunday, 14 December 2008, at the MERALCO Compound. We are attaching the latest version of the rules governing the competitions, so please take some time to read and get to know them. We reserve the right to change or amend these as necessary, but we will make sure that you always have the latest version of these rules before the event begins. However, we would like to take this opportunity to highlight and emphasize the more important parts of the rules, as well as some procedures for the day itself:

1. CALL TIMES

- DH Race contestants must register and be present at the venue by 10.00 AM on the day of the race, at the latest. If this is your first time to compete in a DH race, please come by 9.30 AM so you can put in a couple of short runs before race graduation (see below)
- FS Contestants must register and be present at the venue by 11 AM on the day of the race

2. COMPETITOR REGISTRATION

- Registration fee is 300 Pesos for one event and 400 total if you compete in both the DH and Freestyle. This is non-refundable.
- The registration desk is at the Pitstop area of the competitor's tent
- Each competitor will be assigned a unique competitor number which must be displayed in full sight during the competition

3. WAIVER

- A copy of the waiver can be downloaded from the website. Please read the waiver in full, you will be required to sign this waiver once you register in order to receive your competitor band and number. If you are below 18, please note that the minimum age for DH is 14 for this race, and your parents signature on the waiver as well as a photocopied ID of your parent (with signature, driver's license, passport, etc.) will be required. Please print out the waiver and have them sign it, or, better yet, bring them along with you; it will be a fun day and we are sure they would love to see you compete.

4. INSURANCE

- We have taken out insurance with the Pioneer Insurance Company for Third Party Liability Coverage (spectators) as well as for competitors. Please note



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that the minimum deductible is 50,000 pesos for competitors. In other words, anything less than 50,000 you pay for yourself (cuts bruises, minor surgery, simple fractures, concussions, infections, etc. would all come under this. It will cover the amount between 50,000 and 250,000 pesos, which is the coverage limit (spectators of course have a much lower deductible). If you would like to know more about insurance and how it works please email us at longboardsph@gmail.com. Please note however that the insurance is conditional on the proper safety equipment being worn and procedures being followed.

5. SAFETY PROCEDURES

- Competitors must follow the directions of the marshals at all times. Yellow or Red flags will be used to signal caution and incidents on the DH course. If a red flag is raised, all riders must immediately cease riding and come to a stop in the safest possible manner. Violation of this rule may lead to disqualification from the race.

6. COMPETITOR BRIEFINGS

- DH Race briefings will be held at the competitor's tent at 10.30 AM, 12 NN prior to seeding, and immediately prior to the eliminations. All racers must attend.
- FS briefings will be held at the competitor's tent at 11 AM. All freestyle competitors must attend

7. MEDICAL SERVICES AND AMBULANCE

- A Medical Team will be onsite as well as an ambulance. Medical City Hospital is next door to the venue. However, please ensure that you always wear your safety equipment.

8. SAFETY EQUIPMENT - Please read carefully, these are condition of insurance and the venue. NO EXCEPTIONS

- For FS, a well-fitting skateboard appropriate helmet is required to be worn while riding and this must be buckled. Equipment will be subject to inspection. If you prefer to ride without kneepads and/or elbow pads, we are highly recommending that long pants and a long-sleeved shirt be worn. However, we still recommend wearing pads regardless.
- For DH, a full-face helmet with a shatter-proof face shield or goggles is required. No exceptions.



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- Pads are highly recommended to all competitors. A "no bare skin" policy is in place for DH, and appropriate racing attire with sufficient padding and protection (leathers are recommended although heavyweight denim and long-sleeved shirt is acceptable for this race), as well as slide gloves will be required. No exceptions. The Race Technical Director will subject both the skateboard and safety equipment of the competitor upon registration
- If you have any questions and need help with equipment please contact longboardsph@gmail.com IMMEDIATELY. We will do what we can to make sure there are loaners but we cannot guarantee this. Remember there is nothing quite like trusting your own equipment. Due to the nature of the runs, it will be difficult if not impossible to borrow equipment from another competitor. Riders without appropriate safety equipment will not be allowed to race.
- If you would like to try out some of the boards, we will try to have "loaner" boards available.

9. COMPETITION

- FS Competitors must be at the start area 5 minutes prior to your heat. This will be announced over the PA system. Failure to be at the start area could result in disqualification.
- FS Runs must only commence upon the signal of the starter/announcer.
- Upon completion of the FS Run, you must clear the course for the next competitor.
- DH Racers must be at the start area 5 minutes prior to your heat. This will be announced over the PA system. Failure to be at the start area could result in disqualification.
- DH Racers should NOT start their heat until the appropriate signal is given by the starter. For practice runs, skaters will be dispatched by the starter once the course is clear. Failure to follow the starter's instructions could result in disqualification. At no time may a rider free-ride the course without clearing with the starter first.
- DH Racers must fully clear the course by proceeding to the U-Turn at the runout area

10. PRACTICE RUNS AND ELIMINATIONS

- The FS course will be open for practice runs and free rides after the competitor briefing at 11. Competitors and spectators must clear the course upon start of heats.
- The DH course will be open right after the briefing at 10.30. To allow everyone to gradually become accustomed to the course, only the lower third of the course will be open initially. All DH racers must complete at least one ride from this distance.
- At 11.15 a further 1/3rd of the course will be opened, and each DH racer must have at least one successful ride from this distance.



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- At 12.00 PM the full course will be opened up to begin seeding runs and final practices. You must complete at least one successful ride from this distance prior to seeding.
- Upon completion of a successful run you will given a band that will show that you have completed it and are ready to go to the next level
- If you are unable to complete the runs from the intermediate distances you will not be allowed to continue in the competition for your own, the other competitors' and the spectators' safety.
- Registration fees are non-refundable in the case of elimination from any of the competitions or in the case a DH Racer cannot complete the preliminary runs.

11. PRIZES

- Please check www.longboards.ph for the list of prizes. We are still adding to the list and the final prizes will be announced during the event itself.

Thank you for registering and we are looking forward to a fun day of skating. If you have any questions or clarifications, please do not hesitate to contact us at longboardsph@gmail.com.

The Gravity Games Crew
2008 Philippine Gravity Games
www.longboards.ph